

MANAGING & PREVENTING VICARIOUS TRAUMA IN THE LAW

As the impact of vicarious trauma in legal practice can be significant and far-reaching, join us for this exclusive interactive panel discussion and breakfast networking event with women leaders in law who have experience in understanding the impacts of vicarious trauma in legal practice. We will discuss the impact our work can have on our mental health provide participants with the knowledge, skills and tools to better recognise the early signs of vicarious trauma and intervene accordingly.

This event is suited to all lawyers including managers/supervisors of lawyers in legal practice.

This event contains content that may meet the CPD needs of lawyers, you may claim 1 CPD unit for each hour of attendance (breaks not included)

DATE

Friday, 17 March 2023

TIME

8.00am - 9.30am (light breakfast included)

COST

Free for VWL members

\$10 for non-members

Tickets are limited and registrations are necessary

LOCATION

Level 1, 555 Bourke Street, Melbourne

REGISTER <https://vwl.asn.au/events-3/>



BREE KNOESTAR is the Founder of Brave Legal and one of Australia's leading personal injury lawyers. Practicing for over 20 years as both a barrister and solicitor Bree has represented clients in some of Victoria's largest compensation settlements. In 2022, Brave Legal won the Australasian Law Award for "Excellence in Employee Health and Wellbeing" for industry-leading programs supporting the psychological and emotional wellbeing of clients and staff.

Bree is an accredited Mental Health First Aider, equipped to provide mental health support to people in the workplace who may be experiencing depression, anxiety or require crisis response.



ANDREA PHILLIPS has degrees in Psychology and Law has been working in both areas including as an adjunct lecturer at the College of Law where she teaches Professional Legal Training and Wellbeing as well as Mental Health First Aid. She also teaches at Monash University in the Monash Centre for Consciousness and Contemplative Studies. She has taught Wellbeing and Mindfulness courses for many years. Her current course is called True Happiness – the art science and practice of human flourishing. Andrea has also worked as a Counsellor for the Victorian Assisted Reproductive Treatment Authority and PANDA – Perinatal Anxiety and Depression Australia.



NINA MILNER is a prosecutor with Victoria Police and currently holds the position of Managing Supervisor of the Specialist Sexual Offences Prosecution Unit. Nina is also the co-chair of VWL's Work Practices Committee. She has a master's degree in criminology which included a nine-month internship with the United Nations Office on Drugs and Crime. Nina was born in Syria and immigrated to Australia when she was two years old.

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