



VICTORIAN
WOMEN
LAWYERS

VWL Run Club

Victorian Women Lawyers invites you to join our run club



Wellbeing is now recognised as imperative to building and maintaining a successful and rewarding career, especially for women working or studying in the legal field.

The Victorian Women Lawyers Networking Committee invites you to join our Run Club, to exercise your way to wellbeing by releasing some feel-good chemicals while connecting with others in this free and fun running group.

The group will run by the Yarra River and the Tan along the Royal Botanical Garden. It will be 45 minutes of fun whilst taking in the sights of our beautiful city. Participants will be provided with a map and outline of the running track after registering and will be provided with an introductory session on the first day of Run Club.

It's a great way to meet other VWL members and get fit at the same time.

So grab your running gear and join us!

All levels of running are welcome!

VWL acknowledges the Wurundjeri people of the Kulin nation who are the traditional custodians of the land on which we will be meeting. VWL would also like to pay respect to the Wurundjeri Elders, past and present.

When: Every Monday at 6:00pm. Starting on Monday, 12 April

Where: Meet at Federation Square
(outside Transport Hotel)

Cost: Free!

Register your interest via our website <https://vwl.asn.au/VWL-Run-Club/>